

‘Real Change’

* Change your thoughts; change your life. *

The most difficult thing for people to do is to know themselves & change themselves; but it may be done. If you want to change your life; to be joyful, healthier, feel younger, & more prosperous; all you have to do is change your thoughts & keep them changed. This is the secret of controlling your life; there is no other way. *(Romans 12:2)*

We may change the direction of our lives by changing the direction of our thoughts. Whatever appears in our lives is an image made by our thoughts. We may change what appears by changing our thoughts. We may always change our minds. When we do, we may make our lives better. I renew my thinking & my life is transformed. *(1 Cor. 2:16)*

There is only one Presence & one Power in the Universe, God the good. Give time & thought to Him & you will soon stop thinking about, talking about, & having trouble.

Our thoughts are already prayers. Practice positive prayer, because every negative thought separates us from God, who is love, & therefore from His good - health, joy, success, & love. We cannot afford to be separated from God for a minute. When we separate ourselves from God we may have all kinds of trouble.

Life is not a matter of chance over which we have no control. Life is controlled by Divine Laws & by working with those laws we may govern its conditions. There are Divine Laws of health, joy, prosperity, success, & love. Success or failure in life depends on Knowledge & Use of Spiritual Law (Truth).

Everything is a condition of the mind - our mind is the connecting link with God. Everything begins in the mind with thought. Whatever you believe, you create! You have the power to think & believe whatever you will; but the great law of the Universe is that you will experience whatever you truly believe. Life is consciousness. You are, you do, & you have in accordance with your consciousness. *(Law of Attraction)* Life is what you think! You are in control of your life. Outside circumstances & negative influences cannot affect you. *(“For as he thinketh in his heart, so is he.” – Proverbs 23:7)*

In every religion, the goal is to KNOW God. How do you Know God? Simply by ‘thinking’ about Him. *(“Be still & know..” Psalms 46:10)* *(“You shall know the Truth & the Truth shall make you free.” – Jesus (John 8:32)* (‘Prayer’ is talking to God; while ‘Meditation’ is God talking to us.)

Meditation

Let’s return to the voice of faith & wisdom & allow God (Spirit) to speak to us on a daily basis, whenever we want to - @ will! That is what anyone may do. You don’t have to be a saint. You don’t have to read the bible. You don’t have to go to church. You may listen to God’s voice right in your own living room. All you need to do is close your eyes, become still & quiet, take a few deep breaths, go within, & ask for the experience. Then ‘let go’ & let God speak to you.

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